



## Information Winter Kyol Che, February 21st - 28th 2021

at Zen Center Berlin  
with Dharma Master Arne Schaefer

### Dear friends in the Dharma,

We are looking forward to meet you in Berlin or online for our one week Zen-retreat, as part of our Winter Kyol Che 2021.

The number of participants at the Zen Center is limited and the stay follows strictly the Corona-regulations.

This retreat is also open for those of you, who can only participate mornings and evenings online and join during the Dharma talk on Sunday February 28th at 10 am.

Here are the details:

**Beginning:** Sunday 21st at 18.30 h

**End:** Sunday 28th at 13.00 h

<b>Payment:</b>	50,- EUR members /nonmembers	<i>full online practice</i>
	30,- EUR members /nonmembers East Europe	<i>full online practice</i>
	200,- EUR members incl. food and accommodation	<i>Zen Center (limited)</i>
	50,- EUR participants only mornings/evenings	<i>online practice</i>
	30,- EUR participants only mornings/evenings East Europe	<i>online practice</i>

**Bank account:**

Kwan Um Zen Schule Deutschland e.V.  
IBAN: DE66430609671121792602  
BIC: GENODEM1GLS

PayPal: [kuzsde@gmail.com](mailto:kuzsde@gmail.com)  
Purpose: retreat 21-28 Feb 21

**Zoom link:** will be provided after your application

**Contact:** Berlin@kwanumzen.de or 0171 4172 195

Please register and make your payments in advance by Feb. 20th the latest.

Thank you and hapchang

Zen Center Berlin | Council Kwan Um School of Zen / Europe

## Schedule Zen-retreat, Berlin Feb. 21st-28th 2021



## Kwan Um School of Zen / Europe e.V.

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5:00	Wake up
5:15	Four Great Vows (German) and 108 bows
5:45	Morning chanting (German Heartsutra)
6:40	Zen-Meditation (2x 30 min)
8.00	Breakfast
	Break & work period
11:00	Zen-Meditation (3 x 30 min)
13:00	Lunch break
15:00	Zen-Meditation (3 x 30 min)
17:00	Dinner
	Break
18:30	Evening chanting (English Heartsutra)
19:35	Zen-Meditation (2 x 30 min)
20:45	Four Great Vows (English)
22:00	Silence

open for  
participants  
mornings  
and evenings  
only

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participants  
mornings  
and evenings  
only

Central European Time CET

**Kongan interviews:** Monday and Friday

**Dharma talk:** Sunday, February 28th at 10 am (open for all)

**Chanting book:**

<https://kwanumzen.org/resources-collection/2017/9/6/chanting-book>